

How I Practice the three Rs: Reduce, reuse and recycle

Earth day essay

To help the environment, it is important to not just recycle, but also reuse and reduce the amount of things I use. I try to practice all of these three R's: Reduce, reuse, and recycle.

I think the most important R is reduce. Because it means to reduce the things that you use, which means you will use fewer resources and won't use as many things that are harmful to the environment. To reduce the things I consume I checkout books from the library instead of buying books and wasting paper. To reduce wood going into landfills, I use a mechanical pencil instead of regular pencils. I use bags that aren't plastic to reduce the amount of plastic in landfills. I don't use paper cups, but instead use plastic or glass cups because paper cups are a waste of paper. I use minimal water amounts to brush my teeth. My cats' water bowl has a filter so I won't have to keep changing the dirty water with clean water. When my things that need to be charged are fully charged, I unplug them to stop electricity from being wasted by still going into the device or adapter. I always remember to turn the lights off and to turn the water off when I'm done using them.

In games, if I need a guide I use one on my computer instead of using money and paper buying a guidebook. When printing something I try to use as little paper as possible. I only print things that would need to be printed and I only print pictures if I want to show someone or if I need them as a decoration for something. Instead of calling my friends to talk about something I wait till the next day in school to tell them. Our cars get pretty good miles per gallon of gas so we won't waste our limited fossil fuels and pollute the earth even more. I don't buy a new computer every year because my old one would be working perfectly fine. I try to eat as much of the food I am given as possible because throwing away food is a waste of time and energy for the person who cooked or made it. To sum it up *reduce* is a very important thing to do if you plan to save the environment.

I think the next most important R is reuse. This is important because it doesn't take any extra energy to reuse things for the purpose they were meant to be used for. I use paper that I have already used before. I write pre-writes on the back of scrap pieces of paper. I also used left over plastic bags as trash bags in our car. I keep the same backpack for many years not wasting fabric, energy, or money getting a new one. When using a piece of paper if I run out of room I'll flip it over and use the other side. I would be happy to donate or sell anything I don't need anymore instead of throwing them out. As you can see, reuse is an important R.

The third R is recycling. To recycle I put out the recycle bins outside every other week for the recycle truck to come. I also go to recycling places to recycle newspapers, magazines, cardboard, and other things. I don't put toxic chemicals into the trash because they could affect the whole landfill and area around the landfill. In conclusion, I care very much about recycling.

All in all, these reasons show that the R's are very important and the environment would be much worse without them. The three R's also help me save money while helping the environment.